Exercise: Reflecting on bullying – Personas & scenarios

Draw and write:

1. Think of fictional but also realistic personas for people who could be a bully, someone who is being bullied, a bystander, and an adult. For all the personas, think of a name, age, hobbies, favorite subject, family background, physical characteristics, what they like and don’t like, what they are afraid of, and other characteristics. Describe as precisely as possible what kind of people they are and how they think and feel. Draw and colour pictures of the personas.

2. Then, write a scenario or description of a situation in which all the personas act their roles. Pay attention to what the different personas think and how they act in different situations. You can write the text on the designated pages of this booklet, on a separate paper or in your notebook, or you can also write it on the computer.

3. Lastly, draw a cartoon of either the scenario you just wrote, or you can think of another scenario in which the same personas act in their roles. For doing the cartoon you can use the pages provided in the booklet, you can draw it on a separate paper, or you can do it online for example here: https://sarjiskone.fi/

Please remember that all the characters and scenarios are fictional.
Persona: BULLY

Persona’s name

Age

Hobbies

Favourite subject

Family

Physical characteristics

Likes

Dislikes

Is afraid of

Other characteristics

Why does this person bully?
Persona: **BULLIED**

Persona’s name

Age

Hobbies

Favourite subject

Family

Physical characteristics

Likes

Dislikes

Is afraid of

Other characteristics

Why is this person bullied?
Persona: **Bystander**

Persona’s name

Age

Hobbies

Favourite subject

Family

Physical characteristics

Likes

Dislikes

Is afraid of

Other characteristics

Why is this person a bystander?
Persona: **ADULT**

Persona’s name

Age

Hobbies

Favourite subject

Family

Physical characteristics

Likes

Dislikes

Is afraid of

Other characteristics

How is this person involved in the bullying?
**Scenario**
Write in detail about a bullying situation in which the personas you made earlier are involved. Write at least about:

- Where is this happening?
- Who are there?
- Who is doing what?
- What are the persons thinking and feeling?
- What happens after that?

You can write the text here or you can also use computer if you would like.
Cartoon
Draw a cartoon of either the scenario you just wrote, or you can think of another scenario in which the same personas act in their roles.